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**USER INSTRUCTIONS FOR NEOPRENE SEALS**

**IMPORTANT!**

**Cuff seals and neck seals are a consumable item and not covered within the 12 month warranty, so follow these instructions to achieve the best life expectancy.**



# DONNING YOUR NEOPRENE WRIST SEALS

Before donning your neoprene wrist seals you should be wearing the lower part of the suit. It is important to remove ALL jewelry including watches.

We advise that you visually check your seals seams for damage before you use the suit.



1. Use a good amount of Northern Diver lubricant (about the size of a 2 pence piece).



2. Make sure you cover ALL of the inside wrist seal with a layer of lubricant, doing this will allow the hand to smoothly glide through the seal.



3. With fingers together and pointed, slide your hands toward the ends of the sleeves. With lubricated cuffs, your knuckles should slide through with minimal resistance, but still use extreme caution not to snag, stretch or damage the cuffs.



4. **Note: using the thumb loops on your undersuit will prevent the arms being pushed up. Neoprene wrist seals are designed not to be inverted (tucked back in).**

# DONNING YOUR NEOPRENE NECK SEAL

Once your wrist seals are on you can prepare to put on the neck seal.



Lubricate the outside of the neck seal with the excess lube left on your hands.



Duck your head into the neck seal and push your head through the neck seal, the inner nylon lining will slide over skin and hair.



Make sure to pull the seal open with your hands and not just finger tips which may cause your nails to damage the seals. Pull the seal open to allow the top of your head to slide through the top of the seal.



When your head is through tuck the seal inside. Try to get a good flat seal all-around the neck with at least 50mm of neoprene tucked in. Check by inserting a finger and running around checking there are no tucks or folds hidden inside, as these may cause the seal to leak.

# REMOVING YOUR NEOPRENE NECK SEAL

Once your zip is undone you can remove your neck seal.

1.



Pull the inverted section of the neck seal out.

**DO NOT** attempt to remove the neck seal whilst it is still inverted. This will damage the seal.

2.



Make sure you pull the seal up with both hands and not just finger tips which may cause your nails to damage the seals. Whilst pulling up duck your head down into the neck seal.

3.



Gently pull the seal up over your head in one continuous swift motion. You must try not to panic, if the seal went on it will come off.

4.



Neck seal is now removed in the best way possible to avoid any damage.

# REMOVING YOUR NEOPRENE WRIST SEALS

Make sure your zip is undone and neck seal has been removed before attempting to remove the cuffs.



To remove the wrist seal pull on the lower arm to release your elbow inside the suit. Push down allowing the suits arm to roll over the wrist seal creating a fold.



Using your other hand pull the fold down over the wrist and hand.

**Get your buddy to help if you need assistance.**



Make sure your fingers are together and pointed so the seal can slide over the hand without damage. Once your hand is free pull out the inverted wrist seal from the arm.



**DO NOT PULL ON THE WRIST SEAL.**

Pulling directly on the wrist seal will damage them and is not advised.

# IMPORTANT NOTES

Perform a visual check on your seals seams regularly.

You **MUST** remove all jewelry, including any watches to prevent snagging and damage to the seals.

Clean the seals and the suit after every use to ensure a long life.

## **Failure to care for the neoprene seals on your suit will result in damage.**

Neoprene products need to be properly cared for and maintained, which means doing the right checks before and after use, cleaning them properly and storing them correctly. This will guarantee they last you a long time.

Keep out of direct sunlight whenever possible. This includes during drying after use.

Do not use heat to dry (i.e. no tumble dryers, heaters, radiators etc.) Pat dry with a towel and allow to air dry completely.

Always rinse with fresh water after use to remove any salt deposits, dissolved pollutants etc.

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